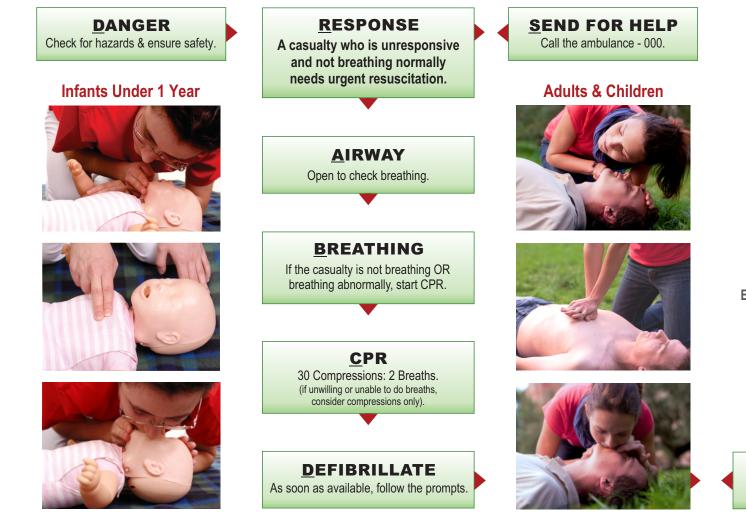
# RESUSCITATION

## **DRSABCD RESPONSE**



Ensure Safety for Self and Others

Call Triple Zero (000) for an Ambulance

#### **SIGNS & SYMPTOMS**

Unconscious, not responding, not breathing normally, or not breathing at all.

### **CPR DETAILS**

	Adults & Children	Infants Under 1 Year
Open Airway $ ightarrow$	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? $\rightarrow$	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? $\rightarrow$	Full breaths	Puffs
How many? $\rightarrow$	30 Compressions : 2 Breaths	
How fast? $\rightarrow$	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: www.resus.org.au

#### **CONTINUE CPR / DEFIBRILLATION**

Until responsiveness or normal breathing returns, or help arrives.

**Remedy First Aid Training** www.remedyfirstaidtraining.com.au/