CONCUSSION

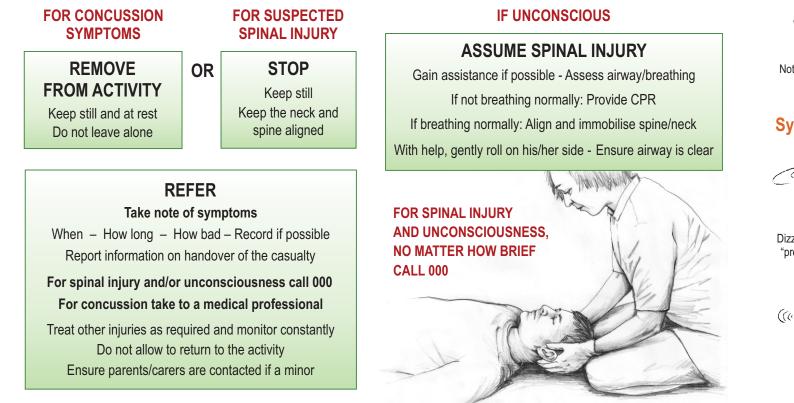
Ensure Safety for Self and Others

Call the Ambulance on Triple Zero (000)

For an incident/accident where concussion is suspected - Stop all activity around the casualty - Follow the 3Rs

RECOGNISE - REMOVE OR STOP - REFER

RECOGNISE - DRSABCD - Do not allow to move until clear of spinal injury - Did they lose consciousness at any time? Assess for response and breathing - Assess for concussion - Assess for spinal injury







Loss of consciousness

Signs – visible clues:

Uncoordinated Disoriented

Incoherent speech





Not aware of events Confused

Memory loss

Dazed or stunned Vacant stare

Symptoms – what the casualty feels:





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Dizziness. Headache or "pressure" in the head

Cannot concentrate

Sensitivity to light and/or noise









Ringing in the ears

Sick/Nauseous Vomiting

Remedy First Aid Training www.remedyfirstaidtraining.com.au/

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Tired

(fatigued)